

CONNECTICUT VALLEY HOSPITAL

Physical Therapy Services

PT Equipment Procedure # 2

Re: Gross Motor Mats

Date: March 20, 2000

Revised: October 19, 2008

Description:

The Gross Motor Mats are vinyl covered dense foam mats that come in an on the floor type (8 x 8 size) and a wall pull down type (8 x 6 size). Two or three mats may be used together. The mats are used as a safe firm surface for gross motor activities.

Indications:

Gross motor activities.

Procedure:

Clean area after each usage and maintain a clear periphery. Avoid walking on mats.

Request assistance as necessary for spotting mat activities. Clean mat following program using approved infection prevention procedures.